

# HFL Aqua Exercise



# 2009

Mon	Tues	Wed	Thurs	Fri	Sat
		1 7:30AM	2	3	4
6 7:30AM	7 7:30PM	8 7:30AM	9	10	11
13 7:30AM	14 7:30PM	15 7:30AM	16	17	18
20 7:30AM	21 7:30PM	22 7:30AM	23	24	25
27 <b>No Class</b>	28 7:30PM	29 7:30AM	30	31 <b>Make up AM Class</b>	



## Punch Card Prices

		<u>Over 55</u>
10 Visits	\$50	\$30
20 Visits	80	45
30 Visits	100	55
walk in	6	4

**Monday/Wednesday Instructor Linda Cunningham 729-1551**

Cunningham.linda.a@ gmail.com

**Tuesday Evening Instructor Karen Stetter 734-0966**

Karen54ro@yahoo.com

**HFL Pool 624-7069/ Office 624-7068**

**HFL Website [www.hflcsd.org](http://www.hflcsd.org)**